

# Billing and Reimbursement for Mental Health Services in Rural Health Clinics Healthcare Business Specialists, LLC

http://www.ruralhealthclinic.com/





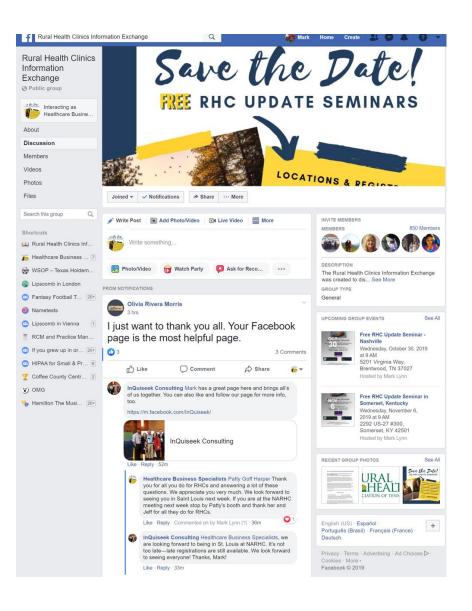


# **Contact Information**

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Please join our Facebook Group with over 2,300 RHCs <a href="https://www.facebook.com/groups/1503414633296362">https://www.facebook.com/groups/1503414633296362</a>



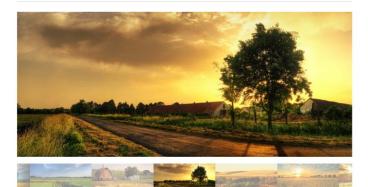
# RHC Information Exchange Group on Facebook

Join this group to post or ask questions regarding RHCs. Anyone is welcome to post about meetings, seminars, or things of interest to RHCs

https://www.facebook.com/groups/1503414633296362/



HOME ABOUT SERVICES RESOURCES WEBINARS STORE CALENDAR BLOG CONTACT





#### SERVICES

Healthcare Business Specialists offers a variety of services designed to assist physician practices and rural health clinics better serve underserved, rural residents by enhancing Medicare and Medicaid reimbursement and staying compliant with the Rural Health Clinic program requirements.

From cost report preparation, annual evaluation or program evaluations, RHC startups and conversions, Emergency Preparedness compliance, CHOWs, RHC terminations, feasibility studies, or Re-enrollment



We've compiled an extensive list of information links Healthcare Business Specialists provides a number of for prospective, new, and established Rural Health resources to help Rural Health Clinics manage in an Clinics. These links will help you find important rural ever changing and highly regulated healthcare health clinic information to learn about becoming an environment. Most Rural Health Clinics have limited RHC or if you are eligible or not for the program. We resources to attend national and regional educational have two YouTube (Healthcare Business Specialists seminars and conferences. Healthcare Business and Mark Lynn) channels with videos of webinars on Specialists attends most of the national meetings cost reporting, billing, emergency preparedness, and focusing on rural health clinics and provides many

HRSA Find Shortage areas by address



#### RESOURCES

free or low cost resources and templates to our Rural Health Clinic clients. Here are some links to the most popular resources:



HOME ABOUT SERVICES RESOURCES WEBINARS STORE CALENDAR BLOG CONTACT



#### RESOURCES

EMERGENCY PREPAREDNESS

CERTIFICATION MATERIALS

RHC UPDATE SEMINAR PRESENTATIONS

RHC BILLING

RHC COST REPORTING

ANNUAL EVALUATIONS

CLIENT INFORMATION AND QUESTIONNAIRES

COVID-19 RESOURCES

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## **Introduction to the Rural Health Clinic Program**

In this webinar, Mark R. Lynn, CPA (Inactive), CRHCP, CCRS will present information to providers interested in becoming a rural health clinic (RHC) or RHCs new to the RHC program. It will provide basic information on conditions of participation, reimbursement, billing, and cost reporting. We will discuss advantages and disadvantages of the program and identify resources to help you become RHC compliant and obtain RHC reimbursement from Medicare and Medicaid. This 45 minute webinar is designed for people new to the RHC program or have become interested in converting their medical clinic into a rural health clinic under Public Law 95-210. We will discuss the nine conditions of participation, some basics of Medicare and Medicaid reimbursement, provide a timeline for certification, and provide some basic benchmarking information from provider-based and independent RHCs.

Please register for Introduction to the Rural Health Clinic Program on Apr 30, 2021 1:00 PM EDT at:





## **RHC Cost Report and Provider Relief Funds Update**

In this webinar, Mark R. Lynn, CPA (Inactive), CRHCP, CCRS and Dani Gilbert, CPA, CRHCP will go over changes to RHC cost reporting and provide an update on Provider Relief Funding. Cost Report information will include how to count telehealth visits and costs, COVID-19 vaccination logs for Medicare and Medicare Advantage patients, P S and R changes and an update on rate setting changes due to the increased Medicare rate for independent RHCs. The Provider Relief Funds update will include any update that HHS provides to us. Currently the last update we have is January 15th when the portal was opened for registration, but as of March 22, 2021 no changes have been made to the portal since January 15, 2021. Once there are changes we will schedule a webinar immediately and this webinar will update that information.

Please register for RHC Cost Report and Provider Relief Funds Update on May 5, 2021 1:00 PM EDT at:





## **Preparing for the RHC Certification and Recertification Survey**

In this webinar, Mark Lynn, CPA and Dani Gilbert, CPA will go over the steps to become a rural health clinic or prepare for the program evaluation from a Mock Inspection standpoint or recertification of the clinic. We will go over procedures needed, steps to take, policies to update and provide tools to help with the inspection. We will focus on getting the clinic inspection ready and go over the importance of having an Evidence Binder for the inspector and tools to help document compliance with the nine conditions of participation for rural health clinics.

Please register for Preparing for the RHC Certification and Recertification Survey on May 13, 2021 12:00 PM CDT at:

https://attendee.gotowebinar.com/register/1124892069129855755

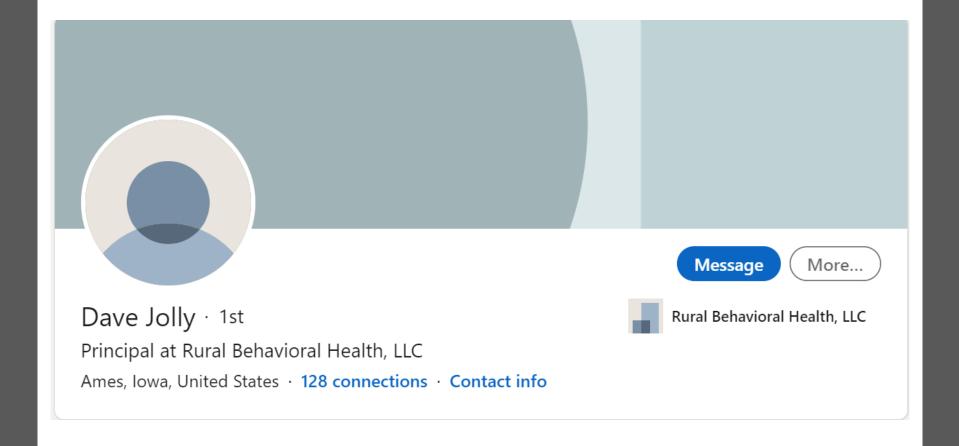
The recording of these sessions and slides will be available in the RHC Information Exchange Facebook Group with 2,300 members and our website at <a href="https://www.ruralhealthclinic.com">www.ruralhealthclinic.com</a>.

# Agenda

Time	Subject Matter
2:00 PM to 2: 10 PM Administrative Mark Lynn	Mark Lynn, CPA (Inactive), CRHCP, CCRS from HBS will introduce the speakers and go over some mental health benchmarks from the NARHC and Wipfli.
2:10 PM to 2:25 PM Introduction – RHCs and Mental Health Dave Jolly	Dave Jolly from Rural Behavioral Health, LLC will discuss adding Behavioral Health Services to a Rural Health Clinic. The presentation will cover why add behavioral health, providers and credentialing, space considerations, and developing a caseload. Dave has worked with mental health programs for close to 40 years
2:25 PM to 2:45 PM Medicare Billing in an RHC Charles James	Charles James from North American Healthcare Management Services will present on Medicare Billing for Mental Health Services in Rural Health Clinics. Charles is the President of the National Association of RHCs and is frequent speaker and expert on RHC Billing matters.
2:45 PM to 3:00 PM Questions Panel	We will have some time for questions at the end of the session or a little extra time for our presenters if they go over their allotment (which they will).

# MEET OUR SPEAKERS



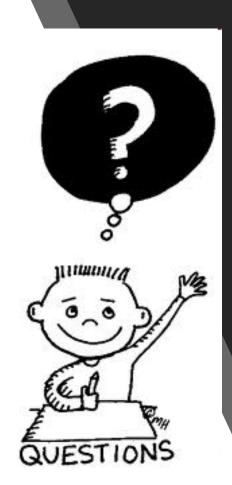


http://www.ruralbehavioralhealth.com/index.html



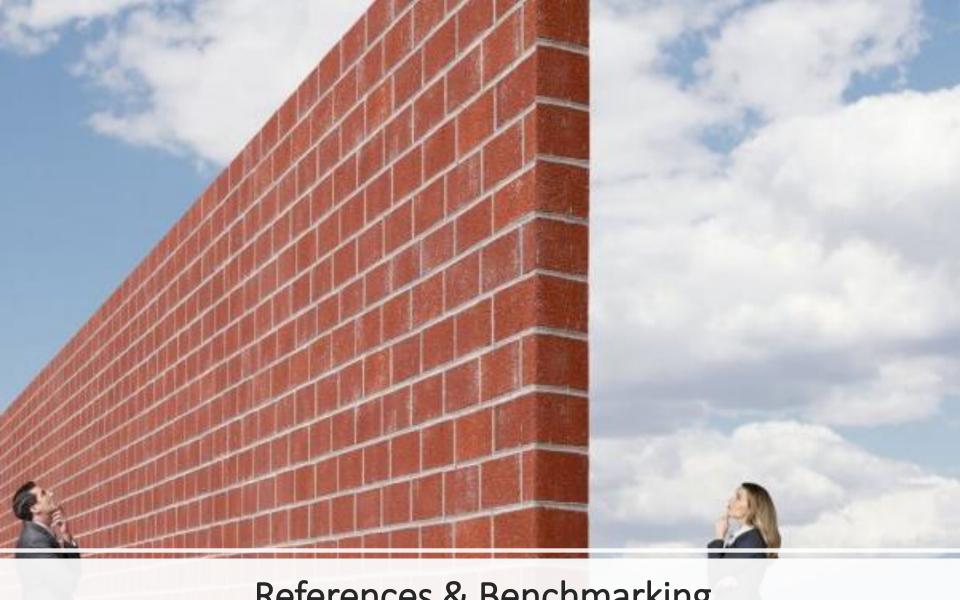
**Charles James, Jr.-**Charles took the position of President & CEO in 2004 after the loss of the company founder, Charles James, Sr. North American celebrates its 25th year in business in 2017. Charles began his career with James Clinic running the IT department. As part of North American, Charles has overseen & helped develop all aspects of the company. Today, North American is a proud gold-certified, Aprima EHR/PRM. In addition, he provides Revenue Cycle Management, RHC certification/cost reporting/Annual Evaluations, Provider Enrollment, and Financial Consulting to all types of healthcare entities.





# **Questions or Comments?**

Please type your questions in the Questions area of Go To Webinar. Additionally, we will open up the lines for questions at the end of the webinar.



References & Benchmarking

 https://nosorh.org/wpcontent/uploads/2013/07/ NOSORH-RHC-Behavioral-Health-Module-3-20-16.pdf

# RURAL HEALTH CLINIC TECHNICAL ASSISTANCE EDUCATIONAL SERIES

# MODULE 6 INCORPORATING BEHAVIORAL HEALTH SERVICES IN THE RURAL HEALTH CLINIC

44648 Mound Road, #114 Sterling Heights, MN 48314-1322 Phone: 586.739.9940 | Fax 586.739.9941 teryle@nosorh.org | nosorh.org



#### CATEGORIES OF BEHAVIORAL HEALTH SERVICES

Behavioral health services in the primary care setting fall into two broad categories. The first category involves services designed to address the needs of patients with a specific behavioral health diagnosis. These services include psychiatric diagnoses and assessment; patient, family, and group psychotherapy; medication management; crisis psychotherapy; psychoanalysis; and transitional management services. These services are billed using psychiatric current procedural terminology (CPT) codes (See Figure 1) or evaluation and management codes (See Figure 2). The specific code used will depend on the service provided and the credentials of the servicing provider. For example, evaluation and management codes are typically reserved for physicians, nurse practitioners, and physician assistants who, depending on the situation and services provided, may also use the relevant psychiatric procedure codes. Typically, services rendered by CPs, CSWs/LCSWs, LCPCs/LPCs, and LMFTs are billed using the relevant psychiatric procedure codes. Clinic administrators should investigate the reimbursement policies of the third party payers with which they work to determine which codes to use in given situations.

#### Figure 1: Psychiatric codes for behavioral health services

- 90791: Psychiatric diagnostic evaluation-no medical services
- 90792: Psychiatric diagnostic evaluation-with medical services
- 90832: Psychotherapy, 30 min. (16-37 min.) patient or family member
- 90834: Psychotherapy, 45 min. (38-52 min.) patient or family member
- 90837: Psychotherapy, 60 min. (53+ min.) patient or family member
- 90839: Psychotherapy for crisis, 1st 60 min. (high distress patients with complex/life threatening circumstances requiring immediate attention)
- 90845\* Psychoanalysis

Module 6: Incorporating Mental Health Services into the RHC

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- · 90846\* Family psychotherapy without the patient present
- 90847\* Family psychotherapy, psychotherapy with patient present
- · 90849\* Multiple-family group psychotherapy
- 90853\* Group psychotherapy

Psychotherapy provided in combination with E/M services (Psychotherapy service must be "significant and separately identifiable" from the E/M service provided)

NUOUNI

- 90833: 30-minute psychotherapy add-on code (may be used for 16-37 minutes)
- 90836: 45-minute psychotherapy add-on code (may be used for 38-52 minutes)
- 90838, 60-minute psychotherapy add-on code (may be used for 53 + minutes)

#### Add-on psychiatric codes

- 90785: Interactive complexity (factors are present that that complicate the delivery of the
  evaluation or session). Used in combination with diagnostic evaluation and psychotherapy
  codes for primary service: psychiatric diagnostic evaluation (90791); psychotherapy
  (90832, 90834, 90837); group psychotherapy (90853) (Interactive complexity)
- 90863: Pharmacologic management when used in combination psychotherapy services (90832, 90834, 90837)
- 90840: Add-on for each additional 30 minutes of psychotherapy for crisis, used in conjunction with code 90839

#### Figure 2: Evaluation and Management Codes

Physicians (including psychiatrists) are now expected to bill using the appropriate E/M code and a timed add-on code for the psychotherapy instead of using the previous psychotherapy codes with E/M services (90805, 90807).

#### Office/outpatient services

- 99201-99205, New patient office visit
- 99211-99215, Established patient office visit

#### Inpatient/hospital services

- 99221-99223, Initial hospital care
- 99231-99233, Subsequent hospital care

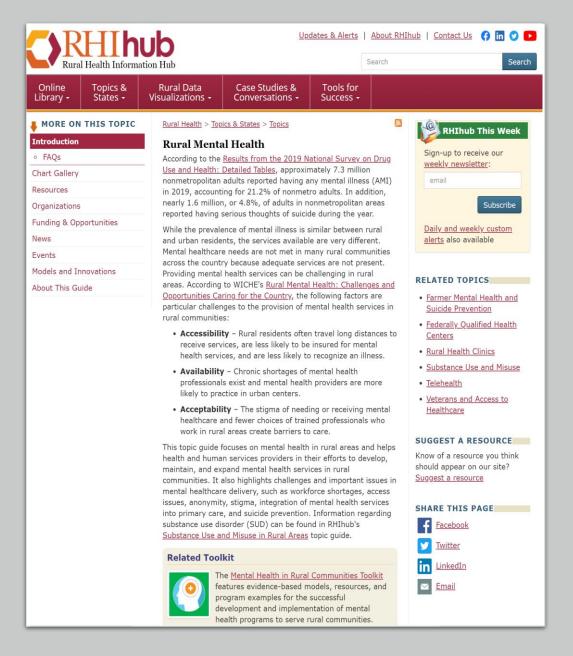
#### Nursing facility services

- 99304-99306, Initial nursing facility care
- 99307-99310, Subsequent nursing facility care

#### Domiciliary, rest home, or custodial care services

<sup>\*</sup> Not changed since 2012

https://www.ruralhealthinfo.org/topics/mental-health



http://muskie.usm.maine.ed u/Publications/rural/WP43/ Rural-Health-Clinics-Mental-Health-Services.pdf Maine Rural Health Research Center Working Paper #43

# The Provision of Mental Health Services by Rural Health Clinics

May 2010

Authors John A. Gale, MS Barbara Shaw, JD David Hartley, PhD

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Muskie School of Public Service



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HC BENCHMARK REPORT®

RHC Overview

What Is It & Ho

Benchmarking Wm. John Gill Scholarship

Ron Nelson Award

another indust several weeks NARHC Board erformance of one's organization against the best in the same or ay request a free Benchmark Report. Your report can take e number of reports in line.

#### How Often is the Database Updated?

CMS updates cost report information from fiscal intermediaries the month following the quarter end. Please note that our database update is dependent on the timely data release from CMS. If your request is received prior to a quarterly update, your report may be held pending updates.

#### Why Participate in the RHC Benchmark Report®?

Participating in the RHC Benchmark Report© will enable your organization to benefit from both state and national data and knowledge of other rural health clinics. This data will assist you in analyzing the strengths and weaknesses of your RHC (e.g., facility and personnel costs, visits, staffing, and other key performance metrics) and enable you to make informed decisions to improve the operations of your organization.

#### How Do I participate? 2 Ways:

- 1. Enter the information below into an email to <a href="mailto:systems@narhc.org">systems@narhc.org</a> with your new cost report or
- Fill out the information & email without a cost report. Data will be drawn from the preceding year's cost report data.

Note: If you don't file a cost report (such as those in Pediatrics), we can't benchmark your clinic. There will be no data against which to benchmark.

#### **BENCHMARK REQUEST FORM:**

	d field(s) are er Clinic Nan		by an *.	
Memb	r Cunic Nan	ne		
* CMS P	ovider Num	ber		
* First N	ame			
* Last N	ıme			
Lustin	ille			

\* Email

# Mental Health RHC Statistics per NARHC/WIFLI Benchmarking Database

Description	Independent	Provider-based
Visits- CP/LCSW	1,385	1,500
CP/LCSW Salary Per Encounter	\$67.16	\$40.83
CP/LCSW Cost Per FTE	\$93,052	\$61,259
CP/LCSW Visits per day (250 working days per Year	5.54	6

## Provider-based RHC Benchmark Report©

	12/31/2017				12/31/2018		12/31/2019		
		Mean		Mean			Mean		
Category/Indicator	OR	Western	Nation	OR	Western	Nation	OR	Western	Nation
Number of Facilities	38	420	2.190	51	461	2,362	47	405	2,379
Encounters per FTE:		120	2,250		102	2,002		103	2,010
Physicians	3,406	4,167	4,062	3,439	4,020	3,976	3,470	4,015	3,946
Physician Assistants	2,559	3,521	3,139	3,166	3,483	3,188	3,169	3,567	3,135
Nurse Practitioners	2,464	2,928	2,874	2,589	3,106	2,864	2,527	3,131	2,872
Visiting Nurses	0	715	225	0	508	153	0	734	131
Clinical Psychologist/Social Worker	3,888	1,596	1,578	1,900	1,630	1,498	1,713	1,609	1,500
Total Encounters	448,892	5,310,782	23,378,560	539,496	5,639,341	25,259,517	564,499	5,013,125	25,990,594
Midlevel Staffing Ratio	48%	55%	55%	49%	54%	55%	50%	54%	56%
Midlevel Visit Ratio	39%	43%	45%	43%	45%	46%	43%	45%	48%
Cost per Encounter:	3370	1070	-1376	4070	4570	1070	1070	4576	1071
Physician	126.04	109.52	95.74	131.59	117.16	100.70	133.55	120.22	104.69
Physician Assistant	66.84	47.58	47.45	57.55	56.55	50.35	46.97	47.59	51.16
Nurse Practitioners	67.23	61.53	45.97	82.62	60.55	49.08	78.95	63.97	50.37
Visiting Nurse	0.00	242.68	342.04	0.00	181.73	245.28	0.00	152.48	387.52
Clinical Psychologist/Social Worker	40.04	66.79	40.31	46.31	41.37	41.89	53.38	50.63	40.83
Total Health Care Staff Cost	38.17	34.65	26.51	42.26	36.90	28.47	42.51	38.29	29.12
Cost per FTE:	50.17	54.65	20.31	42.20	30.30	20.47	72.52	56.25	20.12
Physician	425,826	385,551	339,067	455,566	400,033	353,964	459,571	447,254	378,041
Physician Assistant	171,072	167,529	148,940	182,165	196,983	160,513	148,846	169,728	160,375
Nurse Practitioner	165,619	180,138	132,106	213,878	188,086	140,573	199,477	200,266	144,627
Visiting Nurse	0	173,438	76,945	0	92,299	37,489	0	111,984	50,584
Clinical Psychologist/Social Worker	155,640	106,574	63,593	88,015	67,460	62,760	91,436	81,446	61,259
Total Healthcare Staff Costs per Provider FTE	116,560	142,649	96,194	135,761	149,905	101,986	137,107	154,935	102,909
Clinic Cost per Encounter:	110,500	142,043	30,134	133,701	149,903	101,560	137,107	134,555	102,909
Total Health Care Staff	137.95	101.64	90.62	146.55	108.43	96.18	143.26	114.95	100.53
Total Direct Costs of Medical Services	170.20	132.65	114.07	180.03	140.47	119.80	178.88	143.49	122.33
Clinic Overhead	27.44	25.32	23.69	25.68	24.18	24.69	29.20	26.31	26.74
Parent Provider Overhead Allocated	109.31	87.86	75.91	113.32	96.79	81.06	115.11	104.17	84.16
Allowable Overhead (Clinic and Parent)	136.68	112.13	98.68	138.89	119.74	104.83	143.50	127.88	109.78
Allowable Overhead Ratio (Clinic and Parent)	100%	99%	99%	100%	99%	99%	99%	98%	99%
Total Allowable Cost per Actual Encounter	306.88	244.30	212.41	318.92	259.58	223.78	322.38	271.37	231.40
Total Allowable Cost per Adjusted Encounter	267.01	233.87	202.63	289.50	248.80	213.76	290.63	258.59	220.84
Cost of Vaccines and Administration per	207.01	233.07	202.03	203.30	240.00	213.70	250.05	230.33	220.04
Adjusted Encounter (Reimbursed Separately)	(5.74)	(5.11)	(5.60)	(4.85)	(5.66)	(6.21)	(6.24)	(6.82)	(7.08)
Rate per Adjusted Encounter	261.27	228.76	197.03	284.65	243.14	207.55	284.39	251.77	213.76
Total Medicare Encounters	116,351	1,276,458	5,908,972	146,328	1,396,321	6,362,949	137,445	1,224,828	6,370,064
Average Medicare Encounters	3,062	3,039	2,698	2,869	3,029	2,694	2,924	3,024	2,678
Medicare Percent of Visits	26%	24%	2,098	2,809	25%	2,694	2,924	24%	2,078
Injection Cost:	20%	2470	2570	2/70	2370	2570	2476	2470	257
Cost per Pneumococcal Injection	246.67	273.79	270.51	253.49	298.73	280.61	304.26	312.03	298.41
	66.32	82.06	76.12	62.45	92.14	79.87	71.06	97.00	87.34
Cost per Influenza Injection	00.32	02.00	/0.12	02.45	92.14	19.67	/1.06	97.00	07.34

# Independent

		12/31/2017			12/31/2018			12/31/2019		
		Mean		Mean			Mean			
Category/Indicator	OR	Western	Nation	OR	Western	Nation	OR	Western	Nation	
Number of Facilites	31	173	1,103	30	156	1,069	31	146	1,010	
Encounters per FTE:										
Physicians	3,356	4,325	4,561	3,435	4,500	4,642	3,202	4,412	4,642	
Physician Assistants	3,296	3,821	3,701	3,459	3,764	3,571	3,243	3,573	3,589	
Nurse Practitioners	2,582	3,194	3,283	2,974	3,177	3,299	2,676	3,082	3,329	
Certified Nurse Midwife	0	0	0	0	1,527	2,438	0	1,483	2,492	
Visiting Nurses	0	0	746	0	727	281	328	201	115	
Clinical Psychologist/Social Worker	726	1,048	1,746	793	1,352	1,463	798	1,155	1,385	
Midlevel Staffing Ratio	56%	56%	58%	56%	59%	60%	57%	61%	62%	
Midlevel Visit Ratio	53%	51%	51%	54%	52%	52%	55%	54%	54%	
Cost per Encounter:										
Physician	97.53	70.43	65.01	112.47	73.97	66.93	108.91	79.05	71.07	
Physician Assistant	46.91	35.34	34.71	45.00	38.12	37.05	51.68	41.17	38.30	
Nurse Practitioner	74.35	44.78	37.11	71.48	47.78	37.91	71.05	49.58	39.12	
Certified Nurse Midwife	0.00	0.00	0.00	0.00	65.24	44.80	0.00	83.03	51.36	
Visiting Nurse	0.00	0.00	73.05	0.00	103.20	163.85	810.43	560.69	412.87	
Clinical Psychologist/Social Worker	209.96	98.47	55.53	146.54	91.42	58.10	135.48	98.19	67.16	
Total Health Care Staff Cost	27.57	20.68	16.61	28.52	20.42	14.81	28.12	21.09	14.56	
Cost per FTE:										
Physician	320,604	277,344	287,769	365,399	298,107	300,731	336,745	317,718	316,641	
Physician Asstistant	154,599	135,026	128,461	155,642	143,495	132,280	167,592	147,089	137,470	
Nurse Practitioner	191,963	143,020	121,835	212,580	151,821	125,069	190,099	152,830	130,224	
Visiting Nurse	0	0	54,465	0	74,996	46,107	265,791	112,922	47,317	
Clinical Psychologist/Social Worker	152,403	103,165	96,944	116,153	123,623	84,989	108,094	113,429	93,052	
Total Healthcare Staff Costs per Provider FTE	86,748	80,320	65,187	95,143	80,291	58,342	87,410	79,837	57,307	
Clinic Cost per Encounter:	30,710	50,520	05,20	22,210	55,252	20,0 12	0.,.20	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	27,001	
Total Health Care Staff	103.56	72.12	65.85	108.95	74.87	66.67	112.24	80.53	69.42	
Total Direct Costs of Medical Services	115.72	87.26	76.81	124.75	90.40	77.79	126.42	97.15	81.72	
Facility Cost	12.03	16.90	11.13	12.23	16.09	11.28	14.12	11.94	10.69	
Clinic Overhead	83.63	104.19	60.03	88.61	114.42	63.15	95.12	73.73	57.22	
Allowable Overhead	79.04	60.67	50.43	83.14	60.19	51.98	88.86	67.57	53.47	
Allowable Overhead Ratio	95%	58%	84%	94%	53%	82%	93%	92%	93%	
Total Allowable Cost per Actual Encounter	194.76	147.92	127.23	207.89	150.59	129.77	215.28	164.72	135.19	
Total Allowable Cost per Adjusted Encounter	172.44	141.79	123.65	184.96	144.12	126.21	184.43	156.60	131.29	
Cost of Vaccines and Administration per	1/2.44	141.75	125.05	201.50	111.12	120.21	201.45	130.00	101.20	
Adjusted Encounter (Reimbursed Separately)	(7.13)	(5.09)	(4.05)	(5.89)	(6.01)	(4.07)	(6.11)	(4.44)	(3.78)	
Payment Rate per Adjusted Encounter Total Encounters	165.31	136.70 2,172,722	119.60	179.07 393,043	138.11	122.14 13,134,384	178.32 400,797	152.16 2,017,108	127.51 12,961,664	
Total Medicare Encounters	381,478		13,862,282		2,025,295					
Medicare Percent of Visits	73,866 19%	414,566 19%	3,094,173 22%	74,817 19%	399,601 20%	2,909,892 22%	79,126 20%	377,951 19%	2,776,842 21%	
	19%	19%	22%	19%	20%	22%	20%	19%	21%	
Injection Cost:	277.00	245.00	255.52	204.55	250 45	254.55	242.50	242.74	254 47	
Cost per Pneumococcal Injection	277.20	245.39	266.60	284.38	259.45	261.56	243.58	242.71	254.17	
Cost per Influenza Injection	55.06	67.27	65.65	48.29	60.08	59.53	60.45	63.39	64.51	

# **Start with Medicaid First**

- 1. The definitions of provider types is usually much broader.
- 2. The definition of allowable locations is much broader.
- 3. The modalities used to provide services may be wider (ie Telehealth).
- 4. Also check scope of practice rules for cost reporting and reporting of visits eligible for the Medicaid PPS rate.
  - In Kentucky adding mental health may qualify you for a rate increase via a scope of practice cost report request.
  - 2. In Tennessee if mental health costs are not in your base year cost report, you are not eligible for the Quarterly Wrap payment for those visits.

# Questions?



Healthcare Business Specialists



